**Travel bag check list**

**Clothes / Accessories**

|  |  |
| --- | --- |
| Underwear |  |
| Socks |  |
| sleepwear |  |
| Shirts / T-shirts |  |
| Trousers |  |
| Shorts |  |
| Swimming suit |  |
| Skirt |  |
| Dress |  |
| Jacket |  |
| Coat |  |
| Raincoat |  |
| Gloves |  |
| Light blanket |  |
| Scarf |  |
| Glasses |  |
| Jewellery |  |
| Tie |  |
| Belt |  |
| Sandals |  |
| Shoes |  |
| Sport shoes |  |
| Slippers |  |
| Umbrella |  |

**For Food / Medicine**

|  |  |
| --- | --- |
| Instant Meso soup |  |
| Small pot |  |
| Spoon/knife/fork set |  |
| Matches |  |
| Napkins |  |
| Fruits |  |
| Snacks |  |
| Water |  |
| Gum - Mint - Bonbon |  |
| Pain killer |  |
| Anti Nausea |  |
| Eye drops |  |
| Nasal spray |  |
| Multi Vitamin |  |

**Personal care**

|  |  |
| --- | --- |
| Tooth brush |  |
| Tooth paste |  |
| Dental floss |  |
| Mouth wash |  |
| Towel |  |
| Shampoo |  |
| Soap |  |
| Shower gel |  |
| Brush |  |
| Comb |  |
| Hair pins / elastics |  |
| Small mirror |  |
| Razor |  |
| Deodorant |  |
| Nail clipper |  |
| Hand wipes |  |
| Tissues |  |
| First aid kit |  |
| Sewing kit |  |
| Planner / pen |  |

**Documents**

|  |  |
| --- | --- |
| Passport / ID - Visa if needed |  |
| Transportation ticket |  |
| Print out of reservations |  |

**Electronics**

|  |  |  |  |
| --- | --- | --- | --- |
| Phone |  | Charger / backup battery |  |
| Camera |  | Charger / card |  |
| Tablet |  | charger |  |
| Power bank |  | Charger |  |
| Headphones |  |  |  |

**Remember**

Money Cash or card O House keys O

Yoga Mat O Yoga Block O